

Core for Men

Nutrafol® Core for Men is a multi-targeting nutraceutical containing standardized ingredients that address the key triggers of poor hair health including stress, DHT, free radicals, micro-inflammation, and compromised nutrition.*



Benefits

Hair Growth – The ingredients in Core for Men have been shown to increase hair growth and provide fuller hair.

Hair Quality – Core for Men was formulated with ingredients to strengthen and nourish hair from within.

Effective Ingredients – Medical grade, standardized, and bio-optimized ingredients that have been clinically tested for efficacy.

Overall Health – Core for Men is formulated with ingredients shown to reduce stress, fatigue, improve sleep, improve focus and concentration, and promote overall feels of wellness.

Indications

For adults with thinning hair.

Recommendations

Nutrafol® recommends 4 capsules daily, with a meal.

Special Features

- Synergen Complex® is a patent pending, proprietary blend of standardized botanicals that synergistically target multiple factors affecting hair growth.*
- Nutrafol® Blend is a proprietary blend of amino acids and botanicals designed to provide bioavailable nutrient support for healthy hair production.*
- Supports thyroid health with 200mcg of Selenomethionine and 225mcg of Iodine derived from organic kelp.
- Supports observable hair growth with 300mcg of biotin.
- Enhances bioavailability of herbal extracts and micronutrients with BioPerine® Black Pepper Extract.

Key ingredients

USPlus® Saw Palmetto – Clinically tested to help prevent the conversion of testosterone to DHT, a hormone linked to thinning hair through miniaturization and fibrosis of the hair follicle.

Sensoril® Ashwagandha – Clinically tested to decrease the levels of hair damaging stress hormone (cortisol) by up to 24% and improve resistance to stress in adults.

BCM 95® Bio-Curcumin® Curcumin – Clinically tested to lower inflammatory biomarkers, Curcumin is a potent antioxidant that optimizes the immune system and fights micro-inflammation that interrupts optimal hair growth.

Marine Collagen – Sourced from North Atlantic Cod, marine collagen is known to promote healthy hair, improve moisture, and promote diffusion of nutrients. Hydrolyzed to a low molecular weight for better bioavailability.

EvNolMax® Tocotrienols – Extracted from sustainable palm oil in Malaysia, mixed tocotrienols/ tocopherols are known to promote healthy hair growth.

Side effects / Precautions

At this time there are no side effects or precautions. Consult your physician for more information.

Drug interactions

Nutrafol® Core products may be contra-indicated with blood thinning medications. Consult your physician before taking.

Supplement Facts

Serving Size: 4 Capsules
Servings Per Container: 30

	AMOUNT PER SERVING	%DV
Vitamin A (as Beta-Carotene)	(5000 IU) 1563 mcg	174%
Vitamin C (as Camu Camu Fruit Extract)	60 mg	89%
Vitamin D (as Cholecalciferol)	(2500 IU) 62.5 mcg	313%
Biotin (as D-Biotin)	3000 mcg	10000%
Iodine (from Organic Kelp) (<i>Laminaria Digitata</i>)	225 mcg	150%
Zinc (as Zinc Amino Acid Chelate)	20 mg	182%
Selenium (as L-Selenomethionine)	200 mcg	364%
SYNERGEN COMPLEX®	1720 mg	**

Saw Palmetto (Fruit) CO2 DeepExtract™ (> 45% Fatty Acids), Hydrolyzed Marine Collagen Type I & II (as Atlantic Cod), Sensoril® Ashwagandha (Root and Leaf) Extract (10% Withanolides), BCM-95® Bio-Curcumin® Turmeric (Rhizome) Extract (95% Curcuminoids), EVNolMAX™ Full Spectrum Palm Extract (20% Mixed Tocotrienol/Tocopherols), Hyaluronic Acid

NUTRAFOL BLEND®	530 mg	**
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L-Lysine Hydrochloride, Sodium Methionine, L-Cysteine Hydrochloride, Horsetail (Stem and Leaf) Extract (*Equisetum Arvense* L), Resveratrol (*Polygonum Cuspidatum*) (Root) Extract 50%, BioPerine® Black Pepper (Fruit) Extract (95% Piperine), Capsimax® Capsicum (Fruit) Extract (2% Capsaicinoids)

**Daily Value (DV) not established

OTHER INGREDIENTS: Vegetable Cellulose Capsule, Organic Nu-FLOW® Rice Hulls.

CONTAINS: Atlantic Cod.

DOES NOT CONTAIN: Gluten, Soy, Shellfish, Binders

Discover the clinical efficacy of our ingredients at Nutrafol.com

USPlus® Valensa is a reg. trademark of Valensa and protected by US Patent Nos. #6,319,524, #6,669,968

BCM-95® is a reg. trademark of Natreon Inc. and protected by US Patent Nos. #7736,679, #7879,373, #7883,728

Sensoril® is a reg. trademark of Natreon Inc. and protected by US Patent Nos. #6,713,092, #7,318,938

EvNolMax™ is a reg. trademark of ExcelVite Inc. and protected by US Patent Nos. #7,544,822, #7,211,274

BioPerine® is a reg trademark of Sabinsa Corporation and protected by US Patent Nos. #5,536,506, #5,744,161, #5,972,382, #6,054,585

Capsimax® is a reg. trademark of OmniActives Health Technologies LTD.



Jonathon / 3 months on Nutrafol Core for Men

“It is incredible to think a product like this even exists. I was taking a pharmaceutical solution and I was worried about the side effects. I heard about the success that other men were having with Nutrafol and gave it a try. Thrilled I did.”

Baker / 8 months on Nutrafol Core for Men

“I started using Nutrafol in December 2016, because I have experienced some general hair thinning, especially in the crown area. Today my hair feels fuller and thicker overall and the balding area in the crown has grown in significantly. I am extremely pleased with the results of this product and anticipate continued use.”

Tony / 3 years on Nutrafol Core for Men

Highlights and awards

2018 Esquire Grooming Award

Featured in: People, Esquire, GQ, Forbes