NUTRAFOL®

Core for Women Plus

Nutrafol® Core for Women Plus is a multi-targeting nutraceutical containing standardized ingredients that address the key triggers of poor hair health including stress, DHT, free radicals, micro-inflammation, compromised nutrition, and hormone changes associated with menopause.



Benefits

Hair Growth – The ingredients in Core for Women Plus have been shown to increase hair growth and provide fuller hair in women.

Hair Quality – Core for Women Plus was formulated with ingredients to strengthen and nourish hair from within.

Effective Ingredients – Medical grade, standardized, and bio-optimized ingredients that have been clinically tested for efficacy.

Overall Health – Core for Women Plus is formulated with ingredients shown to rebalance hormones, reduce stress, fatigue, improve sleep, improve the appearance of skin and nails, and promote overall feels of wellness.

Indications

For adult pre, during, and post menopause experiencing hair related changes and for women looking to improve the overall health of their hair with age.

Recommendations

Nutrafol® recommends 4 capsules daily, with a meal.

Special Features

- Synergen Complex® is a patent pending, proprietary blend of standardized botanicals that synergistically target multiple factors affecting hair growth.*
- Nutrafol® Blend is a proprietary blend of amino acids and botanicals designed to provide bioavailable nutrient support for healthy hair production.*
- Supports thyroid health with 200mcg of Selenomethionine and 225mcg of lodine derived from organic kelp.
- Supports observable hair growth with 300mcg of biotin.
- Enhances bioavailability of herbal extracts and micronutrients with BioPerine® Black Pepper Extract.

Key ingredients

USPlus® Saw Palmetto – Clinically tested to help prevent the conversion of testosterone to DHT, a hormone linked to thinning hair through miniaturization and fibrosis of the hair follicle.

Organic Maca Root – Sourced from organic farms in Peru, Maca is shown to naturally promote balance of hormones. Changes in hormones during menopause have been linked to poor hair health.

Sensoril® Ashwagandha – Clinically tested to decrease the levels of hair damaging stress hormone (cortisol) by up to 24% and improve resistance to stress in adults.

BCM 95° Bio-Curcumin° Curcumin – Clinically tested to lower inflammatory biomarkers, Curcumin is a potent antioxidant that optimizes the immune system and fights micro-inflammation that interrupts optimal hair growth.

Marine Collagen – Sourced from North Atlantic Cod, marine collagen is known to promote healthy hair, improve moisture, and promote diffusion of nutrients. Hydrolyzed to a low molecular weight for better bioavailability.

EvNolMax® Tocotrienols – Extracted from sustainable palm oil in Malaysia, mixed tocotrienols/ tocopherols are known to promote healthy hair growth.

Astaxanthin – A potent antioxidant know to promote healthy aging and longevity.

Side effects / Precautions

At this time there are no side effects or precautions. Consult your physician for more information.

Drug interactions

Nutrafol® Core products may be contra-indicated with blood thinning medications. Consult your physician before taking.

NUTRAFOL®

Supplement Facts

Serving Size: 4 Capsules Servings Per Container: 30

AM	AMOUNT PER SERVING		%DV
Vitamin A (as Beta-Carotene)	(5000 I	U) 1563 mcg	174%
Vitamin C (as Camu Camu Fruit Extract)		100 mg	89%
Vitamin D (as Cholecalciferol)	(2500 I	U) 62.5 mcg	313%
Biotin (as D-Biotin)		2500 mcg	10000%
lodine (from Organic Kelp) (Laminaria D	igitata)	225 mcg	150%
Zinc (as Zinc Amino Acid Chelate)		20 mg	182%
Selenium (as L-Selenomethionine)		200 mcg	364%
SYNERGEN COMPLEX PLUS®		1875 mg	**

Organic Gelantinized Maca (Root) Powder, Saw Palmetto (Fruit) CO2 DeepExtract™ (> 45% Fatty Acids), Hydrolyzed Marine Collagen Type I & II (as Atlantic Cod), Sensoril® Ashwagandha (Root and Leaf) Extract (10% Withanolides), BCM-95® Bio-Curcumin® Turmeric (Rhizome) Extract (95% Curcuminoids), EVNoIMAX™ Full Spectrum Palm Extract (20% Mixed Tocotrienol/Tocopherols), Astaxanthin (from Haematococcus Pluvialis Extract), Hyaluronic Acid

NUTRAFOL BLEND® 480 mg **

L-Lysine Hydrochloride, Sodium Methionine, L-Cysteine Hydrochloride, Horsetail (Stem and Leaf) Extract (*Equisetum Arvense L*), Resveratrol (*Polygonum Cuspidatum*) (Root) Extract 50%, BioPerine® Black Pepper (Fruit) Extract (95% Piperine), Capsimax® Capsicum (Fruit) Extract (2% Capsaicinoids)

OTHER INGREDIENTS: Vegetable Cellulose Capsule, Organic Nu-FLOW®

Rice Hulls.

CONTAINS: Atlantic Cod.

DOES NOT CONTAIN: Gluten, Soy, Shellfish, Binders

Discover the clinical efficacy of our ingredients at Nutrafol.com

USPlus® Valensa is a reg. trademark of Valensa and protected by US Patent Nos. #6,319,524, #6,669,968

BCM-95° is a reg. trademark of Natreon Inc. and protected by US Patent

Nos. #7,736,679, #7,879,373, #7,883,728

Sensoril® is a reg. trademark of Natreon Inc. and protected by US Patent

Nos. #6,713,092, #7,318,938 EVNolMax $^{\text{m}}$ is a reg. trademark of ExcelVite Inc. and protected by US Patent

EVNolMax™ is a reg. trademar Nos. #7,544,822, #7,211,274

BioPerine® is a reg trademark of Sabinsa Corporation and protected by US Patent Nos.

#5,536,506, #5,744,161, #5,972,382, #6,054,585

Capsimax® is a reg. trademark of OmniActives Health Technologies LTD.





"I had worried for years about hair loss because constant styling for work was taking its toll. Nutrafol has been an incredible panacea, not just because much of the shedding has subsided but because the shaft of each hair is stronger and healthier than ever!"

Bonnie / 2 years on Nutrafol Core for Women Plus

^{**}Daily Value (DV) not established